

11/12/2014

INGREDIENTS: Cashews(Cashews, Salt), Medjool Dates, Tapioca Syrup, Oats, Peanuts, Hemp Seeds, Cacao Nibs, Espresso Coffee Beans, Dried Cranberries, Cane Sugar, Dried Goji Berry, Tapioca Starch, Inulin, Sea Salt, Vanilla Bean.

| Nutrition Facts | |
|--|------------------------------|
| Serving Size 1 bar (43g) | |
| Servings Per Container 1 | |
| Amount Per Serving | |
| Calories 180 | Calories from Fat 70 |
| % Daily Value* | |
| Total Fat 8g | 12% |
| Saturated Fat 1.5g | 8% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 95mg | 4% |
| Total Carbohydrate 24g | 8% |
| Dietary Fiber 2g | 8% |
| Sugars 9g | |
| Protein 4g | |
| Vitamin A 0% | • Vitamin C 0% |
| Calcium 2% | • Iron 8% |
| *Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | |
| | Calories: 2,000 2,500 |
| Total Fat | Less than 65g 80g |
| Saturated Fat | Less than 20g 25g |
| Cholesterol | Less than 300mg 300mg |
| Sodium | Less than 2,400mg 2,400mg |
| Total Carbohydrate | 300g 375g |
| Dietary Fiber | 25g 30g |
| Calories per gram: | |
| Fat 9 • Carbohydrate 4 • Protein 4 | |

Contains Peanut, Tree Nuts (Cashews).

Cholesterol: cholesterol free
 Sodium: low sodium
 Copper: good source of copper