

Rawdacious Peanut Butter Chocolate Chip Cheese Cake

08/19/2013

Nutrition Facts	
Serving Size 1 slice (190g)	
Servings Per Container 12	
Amount Per Serving	
Calories 760 Calories from Fat 510	
% Daily Value*	
Total Fat 58g	89%
Saturated Fat 25g	125%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Potassium 660mg	19%
Total Carbohydrate 54g	18%
Dietary Fiber 7g	28%
Sugars 38g	
Protein 17g	
Vitamin A 0%	• Vitamin C 0%
Calcium 8%	• Iron 20%
Vitamin E 35%	• Thiamin 15%
Riboflavin 10%	• Niacin 30%
Vitamin B6 15%	• Folate 10%
Phosphorus 40%	• Magnesium 40%
Zinc 20%	• Copper 45%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Potassium	3,500 mg 3,500 mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Water, Agave Syrup, Cashews, Peanut Butter, Coconut Oil, Almonds, Peanuts, Dates, Chocolate Chips(-----), Soya Lecithin, Extra Virgin Coconut Oil, Vanilla Extract, Dutched Cocoa Powder, Cocoa Nibs, Sea Salt.

Contains Peanut, Soy, Tree Nuts (Cashews, Almonds).

Protein: high protein
 Dietary Fiber: high dietary fiber
 Potassium: good source of potassium
 Vitamin E - IU: high vitamin E
 Vitamin B1: good source of vitamin B1
 Vitamin B2: good source of vitamin B2
 Vitamin B3: high vitamin B3
 Vitamin B6: good source of vitamin B6
 Folate: good source of folate
 Phosphorus: high phosphorous
 Copper: high copper
 Iron: good source of iron
 Magnesium: high magnesium
 Zinc: good source of zinc